



Press release

Brussels,
March 3rd 2021

Let's celebrate together the 21st of March

1 Dancing challenge to join in the celebration!

The next *International Day of Trisomy 21* will take place on Sunday 21st March 2021. In order to celebrate this emblematic date for persons with Down's syndrome (also called Trisomy 21), *EUforTrisomy21* proposes three projects. Focus on the dancing challenge to put in the light persons with Down's syndrome : a choreography to dance in order to rejoice, to celebrate together with persons with Down's syndrome.

1) The choreography

It has been imagined by a choreographer who used to work in a dedicated center for persons with Down's syndrome. The music is an extract from the last single of the french artist Kimberose : « *Back on my feet* ».

2) The challenge « Dance for the 21st of March – International Day of Trisomy 21 »

It has been launched on social media on **the 3rd of March 2021**.

It is addressed to citizens of European countries; everyone is invited to participate in the challenge:

- To express the joy and to honour our close ones with Down's syndrome;
- To get to know persons with Down's syndrome in our community;
- To express a collective gratitude for the special position of people with Down's syndrome in our society, which has to be emphasized : an essential part of our society.

Concretely :

- Everyone learns the choreography, registers himself/herself, posts it on social media and spreads the posts of *EUforTrisomy21*.
- Using the following hashtags : **#EUfortrisomy21** **#challenge** **#downsyndrome**

3) Dress code (if possible)

Up : white / Down : blue / Mismatched socks or shoes

4) *EUfortrisomy21*

EUfortrisomy21 is a community of parents of persons with Down's syndrome in all Europe : **19 countries are involved** representing **55 associations** who are **partners** of the *EUforTrisomy21* project for the 2021 edition of the International Day of Trisomy 21.

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